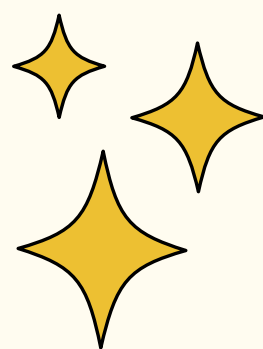
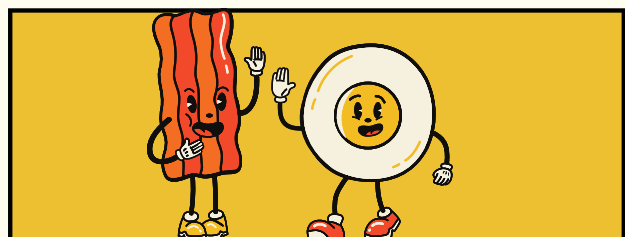


Top Ten Tips for Mentoring



FIND YOUR FEET



1. BUILD A RAPPORT

We are all human and thrive on connections -Be You!

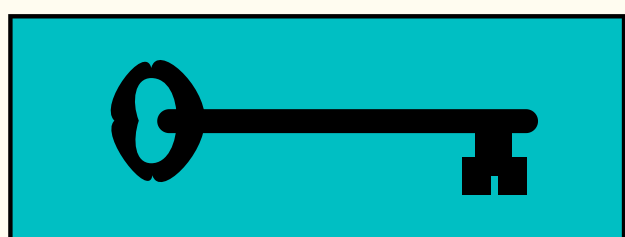
2. ESTABLISH REALISTIC EXPECTATIONS

Create reasonable expectations of what you both want and vision.



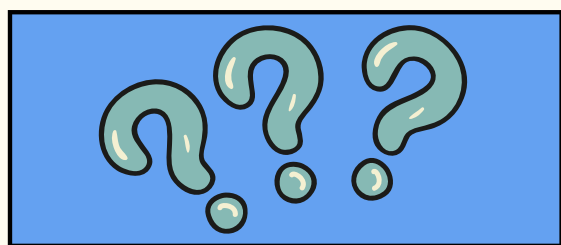
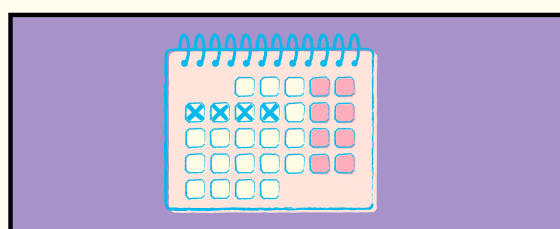
3. GOAL SETTING

Set SMART, robust and achievable goals together - collaboration is key



4. CHECK INS

Plan them to be regular and realistic.



5. BE BRAVE AND ASK

Ask specific questions, work out solutions together, learn from experience.

6. BE PREPARED

Time is precious! Keep a record, engage in meaningful & balanced conversations,, and prepare for all meetings.

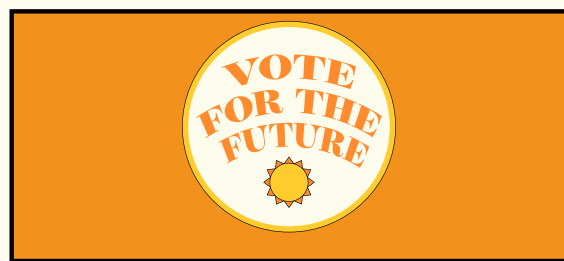


7. BE HONEST

Be yourself, be open, be honest - it creates comradery and builds trust.

8. FOCUS ON THE FUTURE

Take the opportunity to learn and achieve your goals, rather than dwell on the past. Succeed together.



9. BE CHALLENGED

This is an opportunity to step outside your comfort zone - take the chance, you're in this together!

10. STAY CONNECTED

Find multiple ways to stay connected. It encourages supportive accountability - you're not alone.

